



## Dementia Resources

**Living with Alzheimer's or a related dementia, or caring for someone who is, can be overwhelming. Turn here for help:**

**Alzheimer's Association / 1-800-272-3900**

<https://www.alz.org/ct>

24/7 Helpline. Education Programs, Support Group and Care Consultations all available virtually

**Alzheimer's Foundation of America / 1-866-232-8484**

<https://alzfdn.org/>

Seven-day Helpline staffed entirely by licensed social workers specifically trained in dementia care

**LiveWell Dementia Specialists / 860-628-9000**

<https://livewell.org/>

Formerly the Alzheimer's Resource Center, LiveWell cares for individuals at all stages of Alzheimer's disease and related dementia offering residential and community services including virtual social and support groups, community education, dementia care coaching and telehealth services (audio or video)

**My Place CT**

<https://www.myplacect.org/>

Long Term Services & Supports. Free web-based resource designed to help older adults and people with disabilities live at home or in the community with optimal independence, health, and wellbeing

**North Central Area Agency on Aging / 1-800-994-9422**

<https://www.ncaaact.org/>

Funding for in-home services and respite care

**Southington Behavioural Health Resource Directory**

Provides information about mental health programs

[https://www.ctclearinghouse.org/Customer-](https://www.ctclearinghouse.org/Customer-Content/www/CMS/files/Southington_Behavioral_Health_Resource_Directory_2nd_Edition_Nov_2018.pdf)

[Content/www/CMS/files/Southington\\_Behavioral\\_Health\\_Resource\\_Directory\\_2nd\\_Edition\\_Nov\\_2018.pdf](https://www.ctclearinghouse.org/Customer-Content/www/CMS/files/Southington_Behavioral_Health_Resource_Directory_2nd_Edition_Nov_2018.pdf)

**Southington Police Department / Special Needs Registry / Routine Calls: 860-378-1600**

A database of information that will assist first responders when responding to an emergency at the home of individuals with special needs.

<http://www.southingtonpolice.com/specialneedsregistry.html>

**The Hartford HealthCare Center for Healthy Aging / 1-877-424-4641**

<https://hhcseniorservices.org/services/center-for-healthy-aging>

A resource and assessment center designed to make it easier for seniors, their loved ones, and caregivers to access essential information and services for optimal quality of life



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